

CHILD HISTORY & INFORMATION

This intake form is a *confidential* health assessment tool designed to gain insight into your personal health status. When embarking on an individualized health plan it is important to begin with a thorough understanding of where you are currently, your personal and family history, as well as your habits, concerns, and thoughts with respect to your health. Please take the time to answer the questions on this form as genuinely and as accurately as possible.

PATIENT CONTACT INFORMATION

Name: _____ Birthday: ____/____/____ Age: _____ MALE / FEMALE
First + Last name Day / Month / Year

Guardian's Name: _____ Height: _____ Weight: _____ Frame S/M/L

Address: _____
Street Name Apt/Suite # City Postal Code

Home Tel #: (____) _____ Mobile #: (____) _____ Work Tel #: (____) _____

Email address: _____@_____ Best way to reach you: _____

Referred by: _____

IN CASE OF EMERGENCY

Name: _____ Relationship: _____ Tel #: _____

CURRENT HEALTH CONCERNS. Please list in order of importance to you.

- | | |
|----------|----------|
| 1) _____ | 4) _____ |
| 2) _____ | 5) _____ |
| 3) _____ | 6) _____ |

MEDICAL HISTORY

Current /past illnesses and hospitalizations (include dates).

Allergies/Sensitivities (foods, drugs, pets, seasonal, etc.):

Has your child received all the required vaccinations? YES / NO

If yes, any complications: _____

Date of last - Physical exam / Blood test _____ Optometrist appt _____

Date of last - Antibiotic use and why? _____

Family Physician: _____ Address: _____

Phone number: (____) _____ Fax number: (____) _____

LIST OF MEDICATIONS AND SUPPLEMENTS

1. _____
2. _____
3. _____
4. _____
5. _____

Thank you for taking the time to fill out your form before your visit. Please remember to bring any lab work, medications, or supplements with you.

Doctors Naturae: Practice & Dispensary

P: (905) 336-9621 F: (905) 336-9622

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FAMILY MEDICAL HISTORY

Please indicate current/past medical conditions and or hospitalizations both Paternal and Maternal.

- What is your child's birth order, how many siblings do you have? (First and only, 2nd child, 3rd child, etc.) _____

CHILD'S FATHER	
PATERNAL GRANDFATHER	
PATERNAL GRANDMOTHER	
CHILD'S MOTHER	
MATERNAL GRANDFATHER	
MATERNAL GRANDMOTHER	

PRENATAL & LABOUR HISTORY

How was the health of the mother during the pregnancy? _____

At what age was the mother _____ How many previous pregnancies has she had _____

Did the mother use any of the following during the pregnancy? (Please circle if appropriate)

Alcohol / Prescription medications / Recreational drugs / Tobacco / Supplements / Other _____

What was the length of the pregnancy? **FULL TERM** (38-42 wks) / **PREMATURE** ____ wks / **LATE** ____ weeks

Any Complications _____

What was the length of the labour? _____ Was it a vaginal or C-section birth _____

How was the whole birthing experience? _____

BIRTH & FEEDING HISTORY

Weight at birth: _____ Length at birth: _____ Apgar score: _____

Did the child experience any of the following shortly after the birth? (Please circle if appropriate)

Feeding problems / Jaundice / Respiratory distress / Cyanosis / Anemia / Birth injuries / Convulsions / Rashes / Other

How long was the child breastfed for, any comments? _____

Formula fed - starting when and what type? _____

What foods were introduced before 6 months? Indicate the approximate month of age.

What foods were introduced between 6 to 12 months?

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HEALTH & DEVELOPMENTAL HISTORY

At what age did the child: Teethe _____ Sit up _____ Crawl _____ Walk _____ Talk _____

Describe the child's **sleep** pattern (bed and waking times, nap times, problems falling asleep or staying awake, dreams and/or nightmares, sleepwalking etc.) _____

Describe the child's **personality**. _____

How is the child's **relationship** with the parents, siblings and friends? _____

DIET & LIFESTYLE

How does the child eat their meals?: With family around the table ____ In front of the T.V./computer ____

Restaurant/Take Out ____ how often (weekly) Fast food ____ how often (weekly)

Please describe what the child typically eats in one day:

Breakfast _____ Time: _____

Lunch _____ Time: _____

Dinner _____ Time: _____

Snacks _____ Times: _____

Water _____ cups/day

Milk _____ cups/day

Juice _____ cups/day

Other _____

Does the child have a bowel movement every day? **YES / NO** Do they Strain? **YES / NO**

Food Likes: _____

ENVIRONMENT

Where does the child spend his/her days and how many hours per week?

School _____ Daycare _____ Home care _____ Other _____

What are the child's favorite **activities**? _____

Does the child exercise regularly? **YES / NO**

If yes, what activities does the child do for exercise, how long and how often are the activities done for?

How much television does the child watch? _____ hours per day

How long is the child in front of a computer? _____ hours per day

Does anyone in the child's household smoke? **YES / NO**. If yes, who? _____

**** Please use this space to describe any information that has not been discussed above** _____

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DOCTORS NATURAE™ PRIVACY & CANCELLATION POLICIES

Our office understands the importance of protecting your child's personal information. To help you understand how we are doing that, we have outlined below how our office is using and disclosing your information.

The office will collect, use and disclose only necessary information about you for the following purposes:

- To collect information for naturopathic assessments.
- To collect information for nutritional and dietary assessments.
- To collect consultation or cancellation fees, and fees for supplements, food, and seminars.

As our valued patient we trust that you will appreciate a friendly reminder call/email and a monthly newsletter via email in order to continue our relationship together during your personal health journey. **If you wish to opt out of this program please check this box.**

Your child's information will be disclosed as follows:

- To all health professionals and staff employed by Doctors Naturae.
- To an emergency service personnel if one's life could be endangered.
- To an appropriate association, organization or other if one of our health professionals feels it's necessary.

We will only share your information with your consent, with the exception of the above. Storage, retention and destruction of your personal information complies with existing legislation, and privacy protocols set out by the Regulated Health Professions Act of 1991 and College of Naturopaths of Ontario, the International Organization of Nutritional Consultants (IONC) and Ontario's Personal Health Information Protection Act (PHIPA).

At Doctors Naturae, we value the time we get to spend with you and strive to offer the best customer service possible, even if that is to schedule you a last minute appointment. Thus, in order to serve you better we enforce a strict 24 hour cancellation policy. If something comes up and you cannot make your appointment, please call us right away. If we do not receive a phone call or voice message, a cancellation fee of \$50 will apply. We hope you will appreciate this service as your time here at Doctors Naturae is valuable.

I have reviewed the above information that explains how Doctors Naturae will be the custodian of my personal medical records, and the steps that will be taken to protect my personal information. I agree that Doctors Naturae can collect, use, and disclose my personal information as set out above in the information about the clinic's privacy policies and charge a cancellation fee if I do not provide 24 hours of notice for a missed appointment.

Signature of Guardian

Print Name of Guardian and Name of Child

Date

CONSENT TO DIAGNOSTIC/THERAPEUTIC PROCEDURES:

NATUROPATHY | ACUPUNCTURE | MASSAGE | OMT | ENERGY THERAPY | HOMEOPATHY | IRIDOLOGY | NUTRITION | BIE

I, the undersigned, do hereby acknowledge that I have been informed of and understand the recommended diagnostic/therapeutic procedure(s) described by the attending practitioner, and have discussed to my satisfaction this and any requests for related information with the attending practitioner and/or with his/her office or clinical assistant(s). I further acknowledge and confirm that I have been informed of, and understand the procedure(s) with respect to the nature of the procedure, expected benefits, potential risks, side effects and financial cost; the likely consequences of not having the procedure(s), and what alternative course(s) of action are available to me. I understand that I can withdraw my consent at any time.

Attending Practitioner(s): _____

Signature of Patient: _____

Date: _____

For Office Purposes Only

Verbal consent acquired and witnessed. Patient understands and acknowledges risks and benefits to treatment explained.

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